

Career Development 10S

Credit Value: 1.0

Course Description:

The career development courses have been designed to connect school learning with workplace and labor market realities, which will contribute in increasing the number of students graduating high school in Manitoba. The program will attempt to provide a smoother transition between high school graduation and more appropriate post-secondary educational programming. These courses will help students acquire and apply the knowledge and skills to make appropriate decisions for life, work and the essential post-secondary education/training that is required in today's economy. The experiential learning components will provide students with opportunities to explore potential occupations, demonstrate employability skills, essential skills and specific occupational skills. The broad range of experiences may vary from community visitor presentations or volunteerism to community placements that provide students with knowledge, skills, and learning outcomes that are sometimes not available to them in their setting.

Unit 1 – Personal Management

1. Build and Maintain a Positive Self-image
2. Interact Positively and Effectively with Others
3. Change and Grow Throughout One's Life

Unit 2 – Career Exploration

1. Locate and Effectively Use Information
2. Understand the Relationship between Work and Society/Economy
3. Maintain Balanced Life/Work Roles
4. Understand The Changing Nature of Life/Work Roles

Unit 3 – Learning and Planning

1. Participate In Life-Long Learning Supportive of Life/Work Goals
2. Make Life/Work Enhancing Decisions
3. Understand, Engage In and Manage One's Own Life/Work
4. Building Process

Unit 4 – Job Seeking and Job Maintenance

1. Secure/Create and Maintain Work

Unit 5 – Career and Community Experiences

1. Understand, Engage in and Manage One's Own
2. Life/Work Building Process
3. Locate and Effectively Use Life/work Information