



Floyd Wiebe is the father of T.J. Wiebe, who was brutally murdered on January 5th, 2003. As a result of this horrific event, Floyd and his wife Karen formed **TJ's Gift Foundation, (TJsGift.com)**, which provides financial assistance to students participating in programs that promote peer-led drug abuse education. As well, Floyd tells TJ's story to thousands of school children every year, encouraging them to make healthy choices. He gave up his executive career in the printing industry and is currently the Executive Director of **GAP:**

Gang Awareness for Parents.

AFM Counselling & Treatment Programs

The goals are:

- To encourage the early identification and referral of students experiencing problems related to their alcohol, other drug or gambling involvement.
- To prevent students from becoming harmfully involved in alcohol, other drugs or gambling.
- To assist and support students affected by the alcohol, other drug or gambling involvement of people close to them. These services include: prevention and education, consultation, assessment, referral, counselling and treatment.

Youth Community Based Services

Offers counselling for young people between the ages of 12 and 18 years (inclusive) who are experiencing difficulties with alcohol, other drugs or gambling and/or who are being affected by someone else's involvement with alcohol, other drugs or gambling.

www.afm.mb.ca

1-866-767-3838



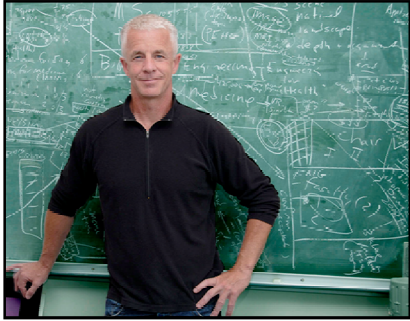
ROLLING RIVER SCHOOL DIVISION PRESENTS DRUG AWARENESS DAY

**“Everything from
creatine & caffeine
to
cocaine & crystal meth”**

Minnedosa Conference Centre

November 17, 2010

9:30 am to 2:45 pm



Dr. Dean Kriellaars has worked as a professor in the Departments of Physical Therapy, Surgery, and Anatomy at the University of Manitoba since 1987. He has worked federally and locally on substance use and misuse in youth for over 15 years. He presents the “**Taking It**” Model, which is a series of questions people should consider when putting any drug into their system. Dr. Kriellaars has been awarded national and international awards for scientific research and innovation. He was awarded the Healthy Living Award for his outstanding activities in building community wellness in Manitoba.



Jorie Janzen

Health and Sports Dietician.
IOC Diploma in Sports Nutrition
ISAK Level 1 Certified

**Advanced Sport Nutrition
Sport Supplements
Myths vs. Facts**

*Energy drinks vs. Sports drinks
Protein powders, Creatine, Buffers,
Vitamins/minerals*

Eat To Compete - Timing Matters

*Pre-Comp/Training-Recovery
Nutrition*

**Eliminating Carbohydrate &
Protein Confusion**

**Hydration: the difference
between success and failure**

Developing an Effective Sport Nutrition Plan



RCMP

**Drugs and Organized
Crime Awareness
Services**

Sgt. Doug Lukaway

Organized Crime and illegal drugs including: Ecstasy, Marijuana and Cocaine. Sgt Lukaway will discuss the drug trends that affect our society today.