
Mental Health and Well Being

Current Level of Performance

Elementary Schools

Tell Them From Me (TTFM) survey data from grades 4 to 9 indicates 52% of students report being a victim of bullying (one of the 4 types - verbal, physical, social, and cyber). The highest frequency occurring in social and verbal bullying. The incidents predominantly occur outside the school during recess, and after school. Students also indicate that they have a repertoire of strategies to deal with bullying with 68% telling a parent or guardian, 64% telling a friend, and 80% student responses indicate there is someone at school that they can talk to. Students identified that teachers responded quickly to incidents. 56% of students stated there was enough supervision. 76% of students said they felt safe at school.

Secondary Schools

Tell Them From Me (TTFM) survey data indicates that 35% of secondary students report being a victim of bullying (one of the four types – verbal, physical, social and cyber). The highest frequency occurring in social and verbal bullying. The incidents predominantly occur in hallways and outside on school property. During school, bullying most often occurred during break period. Secondary students indicate a repertoire of strategies to deal with incidents with 52% ignoring it, 35% tell a parent/guardian, 14% tell an adult at school, 51% tell a friend. 71% students report that there are staff that they can talk to, and there are safe ways to report it. 72% of students report feeling safe at school. 54% of students indicated that additional supervision would be a preventative measure.

Goals

1. By June 2021, when asked in the TTFM survey, students, staff, and parents will describe the school as a safe and caring environment.
2. By June, 2021, schools will adopt the PAX program to ensure the development of a safe and orderly environment that supports cooperation and collaboration in all schools.
3. By June, 2021, educators will respond consistently and effectively to academic and behavioural needs as guided by the RTI Framework (Tier 1 supports (universal), Tier 2 supports (targeted group), and Tier 3 supports (individual) systems of support that improve lifestyle results (academic, personal, health, social, family, work, recreation) for all children and youth).
4. By June, 2021, school will implement the common, Divisional Emergency Management and Crisis Response Manual in a variety of emergent situations.
5. By June 2018, develop a full partnership with West Region Tribal Council Health Department – Trauma Team – to provide culturally appropriate supports to students in the event of a critical incident using the 7 Traditional Teachings.

Strategies - Year 1

School Division Strategies	School Based Strategies
<ul style="list-style-type: none"> • Introduce RTI to school leaders (December 13, 2016). • Development of school RTI models of intervention (supporting academics and behavior). • Division-wide PAX and PAX to the MAX Professional Development provided to all in-school staff in 2017-2018 school year. • Resources to support curricular involvement and eliminate participation barriers for students. • Resources in place for implementation of the Tell Them From Me (TTFM) survey system to collect data from students, parents and staff regarding their perceptions of the school environment. • Appropriate school and classroom level programs and practices are in place to help students meet achievement goals when data indicate interventions are needed. • Ensure Tell Them From Me survey available to schools so data can be used to inform planning and develop positive practices and policies. • Invite West Region Tribal Health – Trauma Team to meet with RRSD Trauma team to discuss partnership. • Identification of Development and Implementation Team for Emergency Response Manual. 	<ul style="list-style-type: none"> • Self-Directed Learning programs are in place for students who require flexible scheduling. • The school schedule is flexible so that students can receive academic help while in school. • Tutorial programs/opportunities are in place. • All Students are actively engaged in at least one extra-curricular/recreational activity/opportunity in the school. • SafeTalk implemented in all high schools. • Review Tell Them From Me survey data to inform planning and develop positive practices and policies.

- | | |
|--|--|
| <ul style="list-style-type: none">• Investigate mental health and wellbeing curriculums for implementation in all schools. | |
|--|--|

Student Achievement Measures

- Tell Them From Me Survey Data
- Strength and Difficulties Questionnaire (SDQ)
- Learning Behaviors on the Provincial Report Card.

Indicators

- When asked in the TTFM survey students, staff, and parents generally describe the school as a safe and orderly environment.
- Electronic tools such as Survey Monkey are utilized to collect information regarding specific decisions.
- Clear and specific rules, routines and procedures are in place for school operations.
- Staff know the emergency management procedures and how to implement them for specific incidents.
- The accomplishments of students, teachers, teams of teachers/students and the whole school are recognized in a variety of ways. (newsletter to parents, announcements, websites, school celebrations)
- Reports, graphs are in place to document student achievement and well-being.

