## **ROLLING RIVER SCHOOL DIVISION POLICY**

## **Universal Precautions**

Rolling River School Division requires that all employees use Universal Precautions when exposed to all human blood and body fluids and other potentially infectious materials. Universal Precautions is an approach to infection control where all human blood and body fluids are treated as if known to be infectious pathogens.

Universal Precautions refers to a set of protocols for handling body fluids properly: Body fluid cleanup kits are available in Rolling River School Division schools, offices and school buses to support universal precautions and waste disposal procedures.

- 1. Cover cuts Cover cuts or open sores on skin with a plastic bandage.
- Wear gloves Wear latex gloves if there is any risk of coming into contact with blood or other body fluids. Gloves must only be worn once and disposed of in a plastic/garbage bag.
- Clean-up Spills of blood or other body fluids will be cleaned up with a fresh mixture of household bleach (1 part) and water (9 parts). Quato is a reasonable substitute for the bleach and water substitute. Latex gloves must be worn during clean-up and paper towels should be used and disposed of in a plastic /garbage bag.
- 4. Wash hands Wash hands with soap and hot water for at least 20 seconds after you have had contact with blood or other body fluids after going to the washroom, before preparing or eating food, and after removing latex gloves. Use unscented hand lotion to keep your hands from becoming chapped or irritated. Intact unbroken skin is your first defense against infection.
- 5. Discard garbage Use caution when disposing of garbage and other waste that may contain infected materials. Used needles are disposed of in sharp containers provided in every school. Discard material soiled with blood or other body fluids in a sealed plastic bag.
- 6. Wash clothes Store soiled items in sealed plastic bags. Wash soiled clothing separately in hot soapy water and dry in a hot dryer or have clothes dry-cleaned.

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